

# COUNTRY & TOWN HOUSE

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BOTH WORLDS

APRIL 2020  
£3.90

## INTERIORS SPECIAL

All the updates  
you need to know

## LONELY AS A CLOUD

*Why we're weekend-  
ing in the Lake District*

## BRING ME SUNSHINE

There's nothing  
more blissful than  
Italy in springtime

## FLOWER FUSION

*Erdem and de Gournay's  
match made in heaven*

# INSIDE OUT

*Louise Bradley explains how to bring the great outdoors into your city home*

Interior designer Louise Bradley's London home has an outdoor terrace that seamlessly connects to a garden room and dining area. Here she shares her tips and ideas on creating a green oasis in the middle of the city.

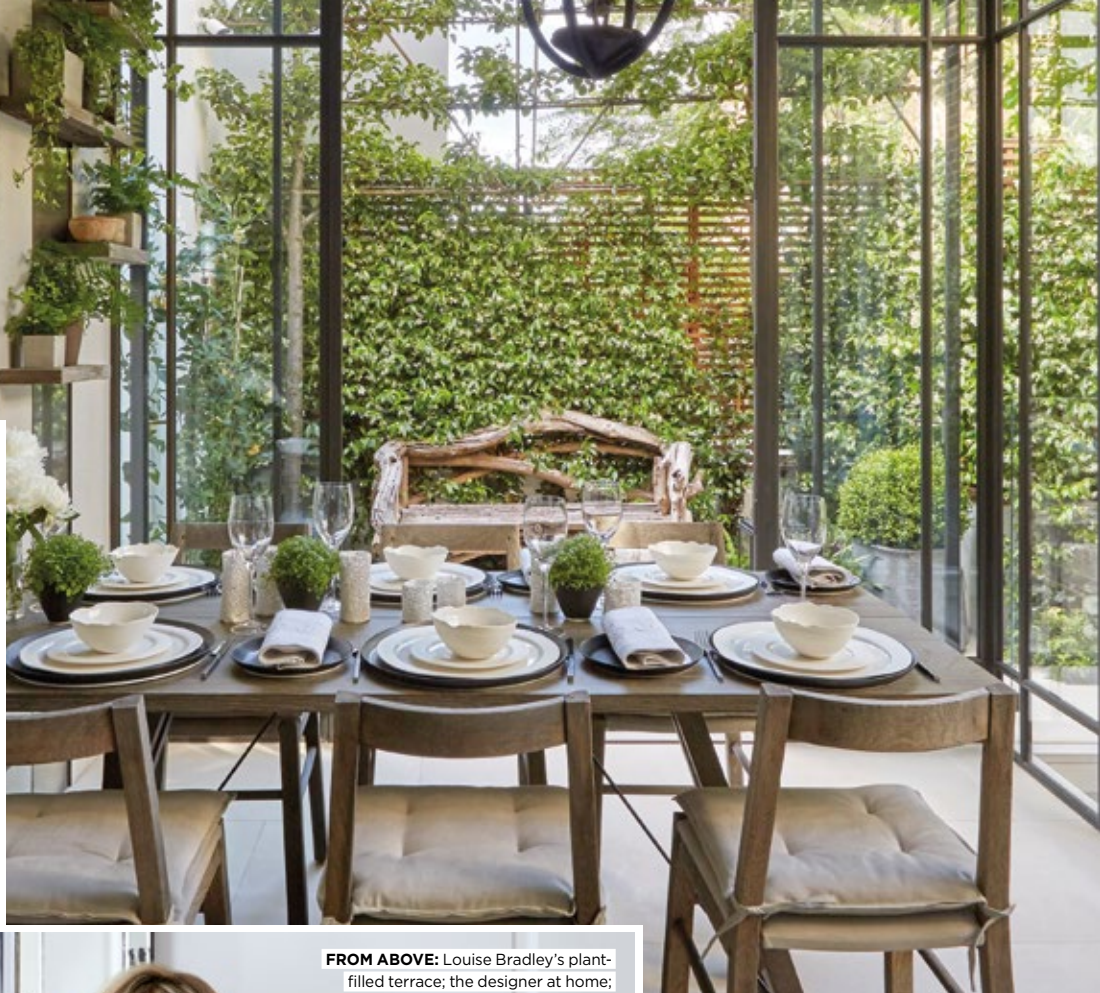
**1** Choose natural materials, such as wood, linen, bamboo and earthy ceramics. Together they create a beautiful, harmonious scheme.

**2** Invest in floor-to-ceiling windows. It connects your home to the outdoors and provides ample natural light.

**3** Create a foliage screen. Particularly if the outdoor area is small. Planting vertically also adds to your privacy.

**4** Use mirrors to enhance the sense of being in nature. Light and reflection expands your space beyond its footprint.

**5** Choose a neutral colour palette. Earthy colours evoke a sense of being in nature and work hand in hand with the rich greens of foliage.



**FROM ABOVE:** Louise Bradley's plant-filled terrace; the designer at home; from the outside in; rough stone and wood complete the natural picture



**6** Choose tableware in organic shapes and hues to further enhance the beauty of your outdoor dining scheme.

**7** Design your space with both indoors and outdoors in mind. This way you'll create a coherent look, seamlessly connecting the two spaces together.

**8** Opt for evergreens. They create a year-long canvas. You can add seasonal flowers and decorative accessories.

**9** Make the space work after dark with outdoor lighting, either with a professional lighting scheme or do it yourself with lanterns, bowls with floating tea lights and candles. Burn naturally scented candles inside.

**10** Make your space dynamic by choosing furniture that can be easily modified, changed or folded away.



**Mater**  
Ocean collection four-seater table, £508, and chairs, £234 each, made from salvaged sea plastic. [heals.com](http://heals.com)



**Perennials**  
C Major outdoor rug, £1,343 p/m. [perennialsfabrics.com](http://perennialsfabrics.com)



**Orla Kiely**  
Sixties Stem wooden bird house, £35. [amara.com](http://amara.com)



**Haddonstone**  
The Gardener statue, based on an 18th-century piece at Burton Agnes Hall, £749. [haddonstone.com](http://haddonstone.com)



**Not On the High Street**  
Handmade denim hammock, £185. [notonthehighstreet.com](http://notonthehighstreet.com)



**Indian Ocean**  
Latitude lounge chair, £2,295 and footstool, £1,275, upholstered in Manuel Canovas outdoor fabric. [indian-ocean.co.uk](http://indian-ocean.co.uk)



**Emma Britton**  
Meadow carafe, £19, and high ball glass, £8, featuring British wild flowers, grasses and butterflies. [emmabritton.net](http://emmabritton.net)



**French Connection**  
Natural driftwood stool, £95. [frenchconnection.com](http://frenchconnection.com)

## BRING ME SUNSHINE

Refresh your outdoor space just in time for spring



**William & Son**  
Dolce Vita acrylic wine glass, £20. [williamandson.com](http://williamandson.com)



**WINCH DESIGN**  
Arc by Winch Design is a new collection with Summit Furniture. Lounge chair, £4,770. [summitfurniture.com](http://summitfurniture.com)



**Cassina**  
Patricia Urquiola Trampoline love bed, from £6,060. [cassina.com](http://cassina.com)